

Workshop for youth

19<sup>th</sup> of January 2016, Bielsko - Biała

Size of the group: up to 25 people from Finland, Greece, Italy, France and Poland.

Age of participants: 16-17 years old

Trainer: Sandra Mikołajczyk

Time: 9:45 – 13:45

## **Get involved, become a volunteer**

**9:45 Short presentation of a trainer and aims of the workshop**

**9:50 Getting to know each other**

**A:** Throw a ball and say your name. When everybody gets the ball once, then we throw the ball backwards. When throwing it backwards we should throw it to the same person we got the ball from and say her/his name.

Aim: integration.

Time: up to 5-7 minutes

Tools: a ball.

**B:** divide a sheet of regular paper into 4 parts. In each part write: 1. My name, 2. What I like to do in my free time, 3. Type of volunteering I would enjoy the most, 4. Some fact about myself. Then everybody sticks the sheet to their shirt and walk in the classroom as long as they can hear the music. When the music stops they form pairs – each time it should be a different pair.

Aim: integration, getting to know more options of volunteerism.

Time: 5 minutes (preparation) + 20 minutes

**10:30 Ground rules**

Break

**10:45 Volunteerism in Europe**

Each national group should prepare a short presentation of volunteerism in their country. They can draw or write answers to the following questions:

The word “a volunteer” in our language? Who can be a volunteer in our country (you can give your national definition or just try to describe based on your own experience) What is specific in volunteerism? Who is usually a volunteer in our country (gender, age, etc)? How many people volunteer in our country? (%)

Each group presents to others what they have prepared.

Aim: learning about volunteerism in Europe (finding similarities and differences), creativity.

Time: 5 minutes (preparation)+15 minutes (drawing/writing)+15 minutes (presentation) = 35 minutes

Tools: 5 big sheets of paper, pens.

**11:20 The salad (game) I like...I have...I wear... OR two truths and one lie**

Aim: integration, relaxing.

Time: up to 15 minutes

Break

**11:50 Human telegraph (*Be the change you want to see in the world*) or watermelon**

**12:00 A story about volunteerism with a storyteller dice**

Description: divide a group into 5 smaller groups (standing in a line according to each person's birthday without saying a word, then counting up to 5). Each group roll the dice and let their imagination fly. Make up a story where you cover all pictures facing upwards on the dice. The topic of the story: A short story of a volunteer. Then each group draw a picture to show/explain the story to other groups. Questions: Who? Where? Why volunteering? How was the volunteering? Did s/he learnt something new?

You can write a poem/ song or draw ☺

Aim: to learn about different type of volunteering, integration, team building, creativity.

Time: 5 minutes (preparation) + 15 minutes (creating a story) + 20 minutes presentation = 40 minutes

Tools: storyteller dice, 5 big sheets of paper, newspapers, scissors, glue, pens, etc.

**12:45 Brainstorm: Why people volunteer? What skills can you get? Why people don't volunteer?**

Stories of participant, discussion.

**13:00 Salad option 2**

**13:15 Evaluation with cards and sumup**